



RETIRED PUBLIC EMPLOYEES COUNCIL OF WASHINGTON CHAPTER 28 – UNIVERSITY OF WASHINGTON

- When:** Tuesday, April 17, 2012
- Where:** Sizzler Restaurant
16615 South Center Parkway
(Buses #140 and #155 stop right in front of restaurant)
- Time:** Lunch 11:00 a.m. to 12:00 Noon
- Meeting:** 12:00 to 1:00 p.m. (usually adjourns by 1:30 p.m.)
- Topic:** RPEC Legislative Day

Lunch is paid by Chapter 28. Please come and join us!

Members will be selecting a new membership person for the chapter. This position includes contacting newly retired persons assigned to Chapter 28 and maintaining chapter records on their contacts. It is a wonderful way to meet new chapter members and encourage them to participate in chapter functions. This position is ideal for 2 or 3 people who would like to share the responsibilities.

There will be a discussion of the RPEC 2012 Convention in Ellensburg on September 12th at Central Washington University.

Check out the RPEC web site: www.rpecwa.org. Under NEWS CATEGORIES you will find information on: Plan 1 COLA Legal Law Suit, Insurance Ombudsman Bill, Gain Sharing & Health Insurance.

**For additional information: contact Mary Marbles, Chapter President
206.322.4914 or C_marbles@msn.com**

Why Create a Family Health History? A family health history is a written record of a family's health. The history contains information about a family's medical conditions, lifestyle habits and where and how family members grew up. It's like a family tree for health.

Creating and sharing your family health history with your health care professional can help you be healthier. But perhaps the biggest benefit is providing information that may help your children and grandchildren live longer, healthier lives.

Famous Quote: If you would not be forgotten as soon as you are dead, either write things worth reading or do things worth writing. **Benjamin Franklin**